

## Confidential Client Information

NAME: \_\_\_\_\_

PHONE: \_\_\_\_\_ (home) \_\_\_\_\_ (cell) \_\_\_\_\_ (work)

E-MAIL: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

OCCUPATION: \_\_\_\_\_ BIRTHDATE: \_\_\_\_\_

WHERE DID YOU HEAR ABOUT US?: \_\_\_\_\_

HAVE YOU HAD ANY INJURIES: (broken bones, torn ligaments, joint problems, surgeries, car accidents, etc.)? \_\_\_\_\_

DO YOU HAVE ANY MEDICAL PROBLEMS (cancer, blood disorders, osteoporosis, cardiac problems, communicable diseases, skin disorders, etc.)? \_\_\_\_\_

MARK THE APPROPRIATE AREAS OF CONCERN:

Headaches \_\_\_\_\_

Stress \_\_\_\_\_

Neck R L \_\_\_\_\_

Shoulder R L \_\_\_\_\_

Upper Back Pain R L \_\_\_\_\_

Lower Back Pain R L \_\_\_\_\_

Hip R L \_\_\_\_\_

Knee R L \_\_\_\_\_

Foot & Ankle \_\_\_\_\_

Other \_\_\_\_\_

## MediCupping Therapy Informed Consent

### About MediCupping Therapy

MediCupping therapy utilizes suction and negative pressure, rather than compression, to lift connective tissue and release chronic adhesions. The technique brings blood flow to stagnant areas and also engages the parasympathetic nervous system, thus allowing deep relaxation.

### What are the marks that can occur from MediCupping?

MediCupping Therapy may leave temporary red, or dark red marks and patterns on the skin. These marks can appear like bruises. They are caused by the action of the cups which pulls circulation, stagnation, and metabolic waste to the surface of the skin where it can be easily be flushed away by the lymphatic and circulatory systems. The marks can last anywhere from a few hours to a week or two.

**Suggested after care recommendations:**

Drink plenty of water to hydrate yourself. Avoid steam, sauna, exfoliation, and aggressive exercise for 4-6 hours immediately following treatment. 24 hours after treatment and in the days following, you can apply moderate heat to the red marks to help them fade and dissipate faster.

**Contraindications:** People with the following conditions should NOT receive MediCupping Therapy: Taking Blood Thinners, Bleeding Disorders, Blood Clots, Varicose Veins, Broken Bones, Dislocations, Herniated Disks, Pregnancy, Sunburn, Dermatitis, Allergic Dermatitis, Pacemakers or Similar Devices, Ruptured, Ulcerated, Inflamed Skin, Hernia, Severe Edema, Cardiac Failure, Renal Failure, Ascites Due to Hepato-Cirrhosis, Allergic Purpura, Leukemia, Cancer Patients During Radiation, Fever.

- ✓ I understand that all treatments are therapeutic in nature. I agree to communicate any physical discomfort I experience during the session to the therapist so that the level of intensity can be adjusted.
- ✓ Information has been provided to me about the effects of MediCupping Therapy. If I choose to experience this therapy, I understand these potential side effects and after-care recommendations.
- ✓ It has been explained to me that there is a possibility of temporary skin discoloration that can occur from MediCupping Therapy.
- ✓ I further understand that the discoloration will dissipate in as little as a few hours, to as long as 2 weeks in some cases, and in relation to my after-care activities.
- ✓ I understand there are contraindications for MediCupping Therapy. I have fully disclosed all relevant health factors that apply to me, and notified my therapist in order to avoid any complications.
- ✓ I understand that MediCupping is combined with Massage Therapy and that my practitioner will use a variety of techniques including: Classical Hands-on Massage, Cross-Fiber Friction Massage, and Ashiatsu. I have read about Ashiatsu on Banyan Tree Healing Center’s website, and I understand what it entails. I am comfortable with receiving a variety of techniques that will be tailored to my unique situation. If I do not want to experience any of the above-named modalities, I will inform my therapist so that they can assist me in rescheduling my appointment with a different practitioner.
- ✓ I understand that massage should not be construed as a substitute for medical examination, diagnosis or treatment. I understand that Massage Therapists do not diagnose conditions, prescribe, perform medical treatment or skeletal adjustments, nor interfere with the treatment of a licensed health care professional for any physical or psychological ailment I may have.
- ✓ I understand the cancellation policies at Banyan Tree Healing Center. If I need to cancel my session, I will do my best to provide 24 hours cancellation notice. If I no-show with no prior warning, I agree to pay the full cost of the session. When I reserve a time slot and don’t show up, this prevents the therapist from booking anyone else in my place and therapist will still arrive to meet me. Full payment covers the cost of the therapist’s significant travel and time commitment.

Client Signature: \_\_\_\_\_

Date: \_\_\_\_\_